

**ADAPTED PHYSICAL EDUCATION TEACHER****DEFINITION**

The Adapted Physical Education (APE) teacher is responsible for the development of an adapted physical education program for Special Education students who require specialized instruction in gross and perceptual motor skills. The teacher in this position must utilize a range of instructional techniques and strategies to enhance student progress, establish a productive learning environment, and provide individualized and small group instruction consistent with the Individualized Education Program (IEP) of each pupil. The APE teacher is under the immediate supervision of the Director of Student Support Services/Special Education.

**EXAMPLES OF DUTIES**

- Utilize appropriate district and state curriculum framework guidelines, standards, policies and procedures
- Assess gross motor and perceptual motor needs of students in order to develop goals and objectives, and implement instructional plans for appropriate motor programs and activities.
- Provide innovative, creative, and adapted physical education instruction for special education students
- Participate with the IEP team in the planning of an individualized education program for each student
- Develop appropriate instructional goals and objectives for each pupil based upon assessment and observational data
- Work closely with school personnel to complement and supplement academic concepts and consult with the classroom teachers regarding physical education
- Analyze, demonstrate, and explain basic skills, techniques, and strategies of formal sports, games, rhythms, and fundamentals of body movement to students
- Provide adequate supervision of assigned students

- Regularly communicate specific, evaluative feedback to students, parents, and general and/or Special Education teachers regarding student progress in meeting set goals and objectives.
- Maintain professional competence through participation in in-service educational activities provided by the District and in other professional growth activities as needed to stay current in pedagogy and methodologies in Adapted Physical Education
- Attend and participate in District Special Education meetings and site faculty meetings as needed
- Maintain required attendance data and other related records
- Provide leadership for the class Paraeducator(s) and direct his/her activities with the instructional objectives of the Adapted Physical Education program
- Ability to work successfully with students, teachers, administrators, and parents and to communicate effectively, both orally and in writing
- Develop an effective instructional schedule to meet the required APR Instructional minutes of each student's IEP and travel to different school sites to deliver the APE program to students

## QUALIFICATIONS GUIDE

### Knowledge of:

- Disabilities, learning styles, behavioral intervention strategies and techniques
- Effective methods of instructing students with special needs
- Growth and development of early childhood, grade TK-6
- Strategies for working with diverse intellectual and cultural backgrounds
- California state standards in Physical Education
- Techniques and skills to affect positive student learning outcomes
- Assessment administration, record keeping, and data analysis

### Ability to:

- Teach small and large group classes
- Assess fitness levels of individuals with disabilities and to prescribe an exercise program designed to achieve individual fitness goals
- Use appropriate technology to enhance student learning
- Teach and communicate effectively

**Credential Required:**

- Valid Multiple Subject w/Supplementary Authorization in Physical Education
- OR**
- Valid Single Subject Physical Education Teaching Credential.

**Training and Experience:**

Any combination of experience and training that would likely provide the required knowledge and skill is qualifying. A typical way to obtain the required knowledge and skill would be:

Experience:

Successful teaching experience of Adapted Physical Education students with disabilities  
AND

Education:

Possession of an earned Baccalaureate of higher degree from and accredited college or university in physical education or related field.

Certification:

Possession of a valid California Single Subject: Physical Education and/or a valid California credential authorizing instruction in Adapted Physical Education, must also authorize autism and English Learner.

**ESSENTIAL JOB FUNCTIONS:**

- Visual ability to read handwritten or typed documents and instructions
- Able to conduct verbal conversation in English, and other designated language
- Able to hear normal range verbal conversation (approximately 60 decibels)
- Able to sit, stand, stoop, kneel, bend and walk
- Able to sit for sustained periods of time
- Able to kneel or squat for extended periods of time
- Able to climb slopes, stairs, steps, ramps and ladders
- Able to lift up to 50 pounds
- Able to carry up to 50 pounds
- Able to push and pull objects weighing up to 100 pounds
- Able to sustain strenuous manual labor for 3.75 hrs.

- Able to exhibit full range of motion for:
  - shoulder external rotation and internal rotation
  - shoulder abduction and adduction
  - elbow flexion and extension
  - shoulder extension and flexion
  - back lateral flexion
  - hip flexion and extension
  - knee flexion
- Able to demonstrate manual dexterity needed to operate a computer and other classroom equipment in a safe and efficient manner
- Able to work with cleaning solutions, disinfectants and sanitizers in a safe and effective manner without allergic reaction
- Able to demonstrate manual dexterity necessary to assist students with buttoning clothing and eating, operate a computer, or assist staff with toileting/diapering procedures.

*The physical demands described here are representative of those that must be met by an employee to successfully perform the essential responsibilities and functions of the job and are not meant to be all inclusive. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential responsibilities and functions of the job.*

*The Saugus Union School District is an equal opportunity employer and does not discriminate on the basis of age, ethnicity, race, religious creed, color, national origin, ancestry, physical disability, mental disability, medical condition, marital status, sex, or sexual orientation.*